

Creel Notes from the



P.O. Box 639, Mercer Island, WA 98040

Website: www.wffc.com

Member of



MMXXI No. 3

March, 2021

President's Riffle

As I mentioned in my February Riffle, the Board approved the 2021 WFFC Revenue and Ex-



penses Budget which, per the Bylaws, requires a membership vote on its authorization in February. The Budget e-ballot was emailed out to all voting 122 Active and Senior WFFC Members of which 42 (34%), responded with a 100% budget approval, exceeding the 25% Bylaws approval threshold requirement. So, we are good to go for this year's 2020 WFFC Budget.

Once again, the Beginning Fly Fishing class, which in the past years has been held in a classroom, has been changed to a 3 session Zoom webinar format due to the COVID-19 pandemic for the health and safety of the participants. The class will be held at 7 PM, for one hour, on April 12th, 19th and 26th and will be taught by Chuck Ballard, Neal Hoffberg and myself, in a lecture discussion format. The class is free for all members and cost \$40 for non-members who attend the class. For more detailed information, or to sign up for the class, go to the WFFC Website and click on the Fly Fishing Instruction icon.

Marlon Rampy will be the March 16th Zoom

meeting Speaker, he will talk to us about fly fishing on the Williamson River in Oregon. The Williamson River offers large native rainbow trout and is considered one of the best trophy trout rivers in the West. I hope to see you all at the Zoom meeting to view the spectacular audio and visual presentation that Marlon has crafted. See the club's website for the zoom sign in info.

If any of you have not paid your \$40 WFFC Dues yet, you have until the end of this month to remain a member with the club, as required by the WFFC Bylaws.

Stay Safe, get your vaccine shot and Tight Lines
- Jim Goedhart WFFC President

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Conservation

The Series

On March 3rd, Western Rivers Conservancy will launch Great Rivers of the West, a live, online series featuring author and photographer Tim Palmer, who will take viewers on a visual journey to dozens of the best rivers in the western United States.

Each episode will feature an engaging, fast-paced slideshow with Tim, who will tell you what these rivers are all about: Where they begin, and where they flow, the fish that make them unique and the wildlife that depend on them, and how to experience them yourself, whether by boat or on foot, with binoculars, hiking poles or fly rod in hand.

Details

When: Join us every Wednesday at 6pm Pacific Time, from March 3rd to April 21st. Register once and watch a single episode or tune

in for all eight of them—it's up to you! Episodes will run approximately 45 minutes.

Your Hosts: An introduction from Fishpond founder and CEO Johnny Le Coq, and WRC co-founder and President Sue Doroff, will begin each episode. Tim Palmer will present the main slideshow live each week.

Q&A: Sue and Tim will host a live Q&A at the end of each episode. Anything you want to know about rivers or WRC, just ask!

Gear Bonus! All registrants will be automatically entered to win in eight drawings for top-notch gear from Fishpond and Sawyer Oars. (You do not need to attend every presentation to win.)

For information and to register click on the following link:

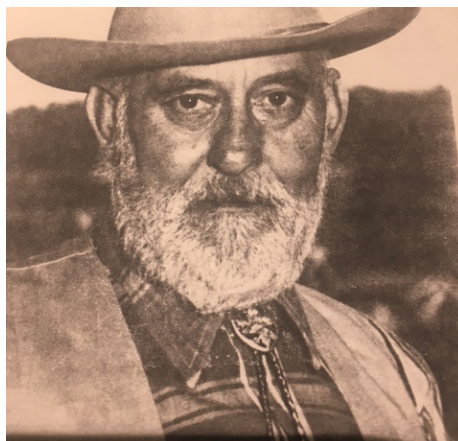
<https://www.westernrivers.org/great-rivers-of-the-west-live>

Frank Webster Passes

Frank Webster, past president of the WFFC passed in January of 2021. He and his wife Penny were living in Rancho Mirage California. Frank was president of the WFFC twice. The first term was 1992 and again in 1996 for a short time standing in for the president Milt Douglas who had to resign early.

Frank was born in the Great Britain and came to Seattle to work at the UW Hospital as head of administration.

My wife Pat and I attended his 60th Birthday party in 1994 where his wife Penny bought him a Mor-



gan sports car.

Frank was flamboyant and entertaining with his great English sense of humor.

Creel Notes

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Frank attended his last club meeting to vote on the gender issue sporting "Elvis" glasses. Quite the look!

Tight lines rest in peace Frank

Chuck Ballard

Stream Warnings

Danger on the NF

Stillaguamish

The area of the North Fork Stilly above the Oso landslide offers many spots with great runs. Sadly, two friends of the club had a recent and terrifying incident at the run near C Post Road. They were intimidated first, and several days later were shot at — into the trees, over their heads, and then at the gravel in front of their feet.

After speaking with the couple — who have recently become members of the club — I'd like to share some excellent advice offered by one of the two people who went through this nightmare. I am withholding their names for now. Read on for advice on staying safe. This is an ongoing investigation. However, one of the two cars parked in the lot had a sticker that said "Molon Labe" in Ancient Greek, which means "come and take them." This is a telltale sticker for those who love to tote guns and are aggressive about letting everyone else know, too. For those of us who carry responsibly, please exercise caution — but take note of you see a car

with a sticker that looks anything like these. They refer to the Spartan reply to Xerxes when asked to give



up their weapons; roughly translated it means, "come take them" and identifies advocates for a wide open interpretation of the Second Amendment.

Here are the safety tips provided by one of our new members, who has fished the Stilly for decades and knows a thing or two.

1. When departing on your fishing journey, make sure your gas tank is full, especially if you are going to a remote area. Check that your spare tire is full of air. Carry with you emergency supplies like flares and flashlights as well as the obvious car maintenance items.

2. Make sure your phone is fully charged. Check your cell service and reconsider moving from an area without service to an area with service.

3. Make sure a trusted person knows where you are going and has all your credentials including your License plate and vehicle description.

4. Always fish with others. Safety in numbers speaks a lot and will prevent a potential creep from considering an attack. Though this will not prevent the ever-popular Smash and Grab that goes on in many parking lots and fishing pull-

outs. Always look at the ground for broken window glass that can be indicative of prior robberies.

5. Know exactly where you are when you arrive. Check your GPS for coordinates. This will come in handy if you need to call 911 and are needed to be located.

6. When you arrive at the parking lot or pullout be aware - be situationally aware at all times. Take a moment in your car to feel your surroundings before you jump out and start putting your gear together. Take pictures of other cars in the parking lot, remember details, faces, landmarks, and identifying signs, markers, or flora. Sometimes we can get into a zen-like trance focusing more on our imminent fishing experience than the potential danger that might be there. If you don't feel safe, don't stay. Trust your intuition.

7. Have a plan. Park your car in a way that you can easily exit the area. If the lot is lit, park under the lights. If arriving at a new fishing spot, scan for the path or trail that leads to the water and make sure you plan an entrance and exit strategy to and from the water.

8. Have your pepper spray, knife, gun, or whistle ready in your hand and ready to use. Ahead of time, practice the muscle memory of pulling your gun, spraying bear spray in someone's face, unsheathing and opening your knife, or practice implementing whatever form of protection you use. Practice Practice Practice so that when in an emergency situation your training takes over. Also, under-

MOLON



LABE

Continued on Next Page

stand your abilities and knowledge of the protection you choose. Take a class before you take your firearm into the wilds, know what you're doing and how to do it. You might be vulnerable during that time we are putting our waders on, setting up our rods, and a potential attacker may take advantage of that.

9. If you are attacked, harassed, or feel frightened in a situation, try to keep calm. Get to a safe place, preferably your car, lock all doors, and call 911 immediately. You must be prepared to make a statement with 911 and you need to keep as calm as possible so the responders can help you.

10. As you travel to the water, keep alert and aware. The same goes for once you get down to the water. Check upriver, downriver, scan for anyone else in the vicinity and note their location versus yours. The roar of a river can make you more vulnerable if someone nears you from behind. Look over your shoulder, to the left and right, periodically.

11. Know the location of the others you are fishing with. Don't go around the bend where your friends and fellow fishers can't see you. Wave to your fishing partners so they know you are aware of where they are.

The anglers filed a police report with license plates. They also contacted WDFW and Snohomish County Parks and Recreation, who owns the land.

June is Women in Fly Fishing Month

FFI has asked each of its 17 councils nationwide to name a representative to Women's Connect, the FFI women's group. The Washington Council is grateful that Trisha Campbell from our board has agreed to become the Council's liaison to the national group. She's not wasting any time and launching a series of events in June.

The Washington/Idaho Casting for Recovery, which covers 11 counties on the Eastern side of Washington, will hold a retreat the weekend of June 11-13. This retreat will follow COVID safety protocol. Attendance will be limited to seven participants. The retreat will be held at N-Sid-Sen on Lake Coeur d'Alene in Harri-son, Idaho. Applications are being taken through March at Cast-ingforrecovery.org

Other events in June will be on Saturday afternoons. At the events, FFI will host basic casting classes for women, plus offering the bronze medal challenge course for women to test their skills. These casting events will be free of charge with a limited number of participants. Masks will be required and participants will be asked to practice social distancing. Participants will need to bring their own rod, reel and line. Event sites will be in the Pullman, WA. / Moscow, ID. area. Exact locations will be announced later.

Registration will be during May-by e-mailing me at 22seaotter@cablone.net

[Reprinted with Permission from Fly Fishers International's *Covering the Drift*: Volume 25; Issue 1; March 2021]



Trisha Campbell

Club Aims and Purposes

The purpose of this club shall be:

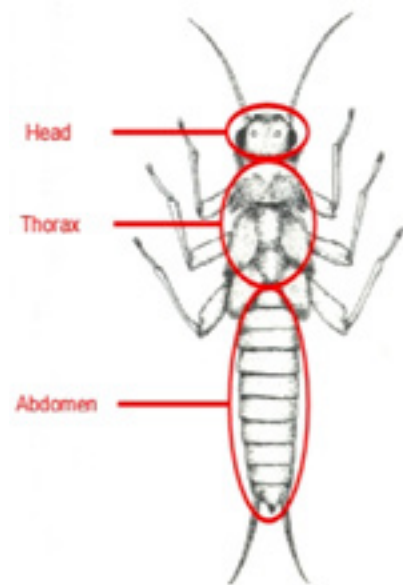
1. To improve and increase the sport of Fly Fishing in the State of Washington.
2. To promote and work for the betterment of trout streams and lakes.
3. To encourage and advocate the conservation and increase of trout, steelhead, and salmon in state waters.
4. To promote a campaign of education against pollution in streams, lakes or Sound waters of the State of Washington.
5. To encourage and assist others — particularly young persons of high school age—to become fly fishers and true conservationists.

Aquatic Insects

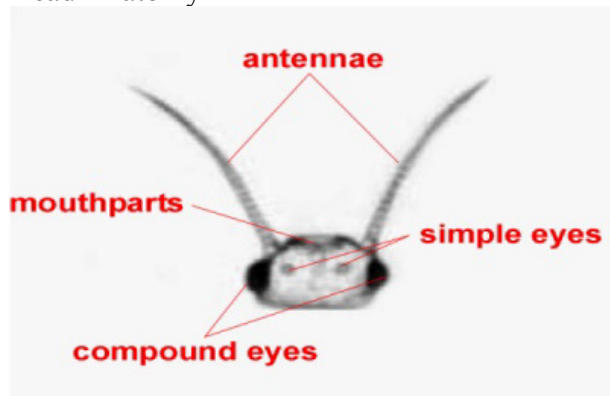
by Roger Rohrbeck

Insect Anatomy

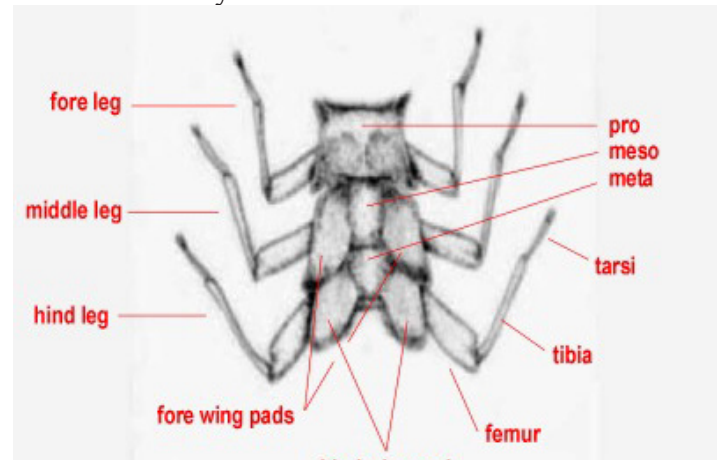
Insects have three body regions (head, thorax, abdomen), and six legs, at least in their adult lifestage. A stonefly nymph is used to illustrate this, primarily due to its distinctive body regions.



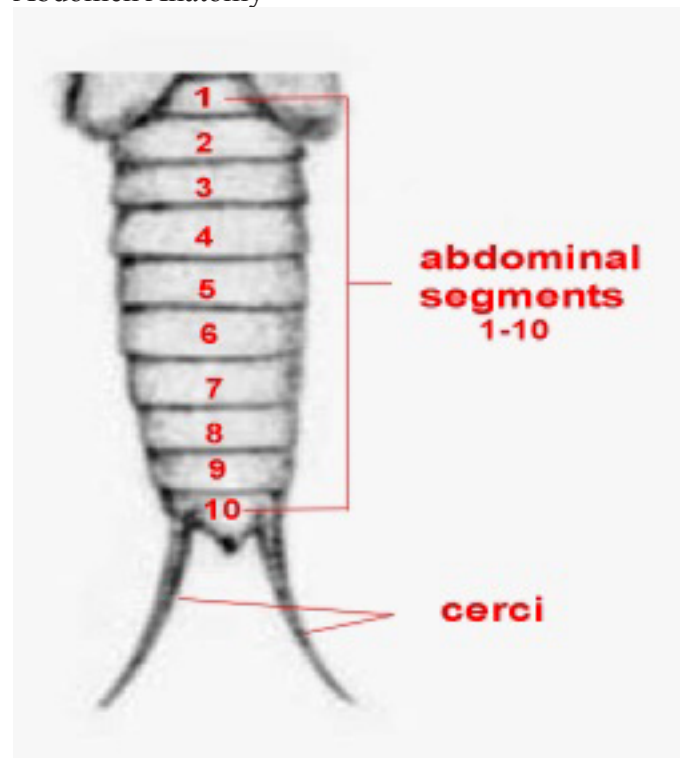
Head Anatomy



Thorax Anatomy



Abdomen Anatomy



Classification

For the purpose of this series, insects and other macroinvertebrates will be referred to by their common names, whenever practical. For example, at the Order level of classification, Mayfly is a common name, whereas Ephemeroptera is its scientific name. The system of classification has many levels, between kingdom and species. For our purposes, we will only be dealing with two levels, order and genus. Having said that, I believe it is important to understand that all living things (be they animal, plant, or whatever) are referred to by their unique binomial (genus and spe-

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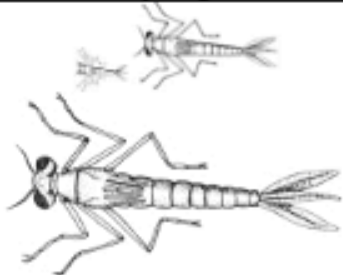


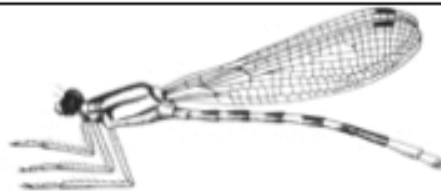

cies). When in proper form, the first letter of a genus name is capitalized, the first letter of a species name is not capitalized, and both genus and species names are italicized. For example, we are classified as *Homo sapiens*.

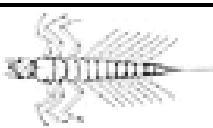








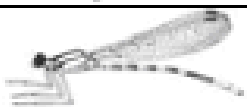
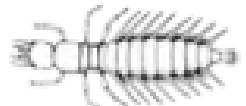


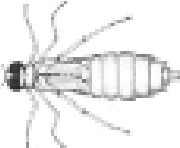
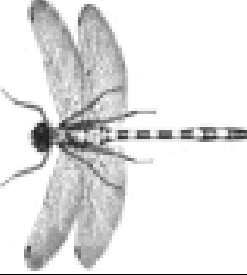

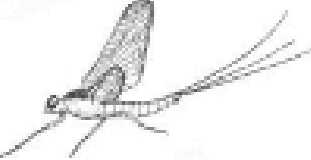


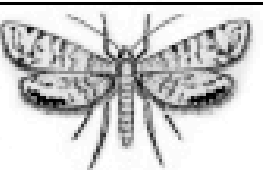





Instar

An instar refers to an insect between any two successive molts. For example, after hatching from the egg and insect is said to be in its first instar. When the insect moults, it is then a second instar, and so on.

Metamorphosis

Insects undergo a process called metamorphosis in order to progress from one lifestage to the next. This metamorphosis is referred to as incomplete when the insect does not have a pupal lifestage. In that case the immature lifestage is referred to as a nymph, at least by most flyfishers. Conversely, when the insect does have a pupal lifestage, the immature lifestage is referred to as a larva. The following tables illustrate progression from egg lifestage to adult lifestage for both types of metamorphosis. A damselfly is illustrated as example of incomplete metamorphosis, and a midge is illustrated as the example of complete metamorphosis.

Incomplete Metamorphosis	Complete Metamorphosis
Egg	Egg
	
↓	↓
Nymph	Larva
 (multiple instars)	 (multiple instars)
	↓
	Pupa
↓	
	↓
Adult	Adult
	

Alderfly instars: 10-11			
Backswimmer instars: 5			
Caddisfly instars: 5			
Damselfly instars: 8-15			
Dobsonfly instars: 10-11			
Dragonfly instars: 8-15			
Mayfly instars: 15-25			
Moth (aquatic) instars: 4-5			
True Fly (midge) instars: 3-4			
Water Boatman instars: 5			

Your feedback is highly encouraged. RRohrbeck@comcast.net
Mayflies are planned to be discussed in a coming issue of Creel Notes.

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Featured Fly

March 17

Featured Fly: Adult Callibaetis Mayfly



Good afternoon, fly tyers

Below is the link to our March 17th tying session. We will complete our Callibaetis series with Rene Harrop's 'Callibaetis CDC Biot Thorax (adult). The material list is as follows:

Hook: Dry fly barbless, size 14-18

Thread: Tan

Tail: Coq de Leon fibers

Adboment: Callibaetis goose biots (or substitute)

Thorax: Callibaetis dubbing

Wings: Paired medium dun CDC feathers

Hackle: Grizzly

Neal Hoffberg is inviting you to a scheduled Zoom meeting. Topic: Neal Hoffberg's Zoom Meeting

Time: Mar 17, 2021 07:00 PM Pacific Time (US and Canada). Join Zoom Meeting:

<https://zoom.us/j/91874305838?pwd=QU52ZTJJSTRtU-UE0ckI3Q3dEdzBHZz09>

Meeting ID: 918 7430 5838

Passcode: 346824



Washington Fly Fishing Club
P.O. Box 639
Mercer Island, WA 98040
www.wffc.com



March 16, 2021

Meetings have been temporarily cancelled in person at the Seattle Tennis Club, but club life goes on with new members joining, zoom meetings, fly-tying webinars, board meetings, and regular updates to the club web pages.

Our Next Virtual Meeting Will Feature Marlon Rampy Marlon Rampy who will talk to us about fly fishing the Williamson River in Oregon that offers up large native rainbow trout and is considered one of the best trophy trout rivers in the West.

- Keep in touch at <https://wffc.com/>
- Send you thoughts and fishing reports to davidehrich@rocketmail.com for the next issue of Creel Notes. Please include a photo (.jpeg preferred) with your article.